



## Cowboy Chicken Nutritional Information

<b>Rotisserie Plates</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Half Chicken (1 serving)	269	58	6
Half Chicken, All White Meat (1 serving)	289	29	3
Quarter White (1 serving)	147	15	2
Three Piece Dark (1 serving)	203	67	7
Turkey Plate (1 serving)	456	137	15

<b>Just Chicken Items</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Half Chicken (1 serving)	269	58	6
Half Chicken, All White Meat (1 serving)	289	29	3
Whole Chicken (1 serving)	538	117	13

<b>Crispy Drumsticks</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Crispy Drumsticks Meal (1 serving)	290	184	20
Crispy Drumsticks Meal (1 serving) with Dry Rub Choice Lemc	293	184	20
Crispy Drumsticks Meal (1 serving) with Dry Rub Choice Texa	290	184	20
Crispy Drumsticks Meal (1 serving) with Sauce Choice Barbec	370	184	20
Crispy Drumsticks Meal (1 serving) with Sauce Choice Buffalo	322	206	23
Crispy Drumsticks Snack (1 serving)	172	108	12
Crispy Drumsticks Snack (1 serving) with Dry Rub Choice Len	173	109	12
Crispy Drumsticks Snack (1 serving) with Dry Rub Choice Tex	172	108	12
Crispy Drumsticks Snack (1 serving) with Sauce Choice Barbe	210	108	12
Crispy Drumsticks Snack (1 serving) with Sauce Choice Buffa	187	119	13

<b>Famous Chicken Enchiladas</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
2 Enchiladas (1 serving)	810	448	50
3 Enchiladas (1 serving)	942	484	54

<b>Ranch Hand Sandwiches</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
BBQ Chicken Sandwich (1 serving)	882	415	46

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
2	0	149	3221	2	0	0	47	178
1	0	148	2730	2	0	0	59	125
0	0	74	2151	1	0	0	30	84
2	0	129	2036	1	0	0	31	162
5	0	75	2021	35	1	3	40	426

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
2	0	149	3221	2	0	0	47	178
1	0	148	2730	2	0	0	59	125
3	0	298	6442	4	1	1	95	357

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
4	2	103	106	0	0	0	25	121
4	2	103	500	1	0	0	25	126
4	2	103	501	0	0	0	25	121
4	2	103	486	20	0	18	25	421
5	2	104	1347	2	0	1	25	1105
3	1	62	64	0	0	0	15	73
3	1	62	263	0	0	0	15	75
3	1	62	264	0	0	0	15	73
3	1	62	246	10	0	9	15	217
3	1	62	659	1	0	1	15	545

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
32	0	221	2683	39	7	8	46	2668
33	0	248	3188	50	8	8	59	2882

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
28	0	203	1639	69	1	33	49	1512

Vit C (mg)	Calcium (mg)	Iron (mg)
3	33	2
3	36	2
2	20	1
1	22	2
0	26	1

Vit C (mg)	Calcium (mg)	Iron (mg)
3	33	2
3	36	2
5	65	4

Vit C (mg)	Calcium (mg)	Iron (mg)
3	14	1
3	22	2
3	18	1
8	54	2
4	21	1
2	8	1
2	13	1
2	10	1
4	28	1
2	12	1

Vit C (mg)	Calcium (mg)	Iron (mg)
6	617	1
7	624	1

Vit C (mg)	Calcium (mg)	Iron (mg)
12	704	3

Blue Ribbon Chicken Salad Sandwich (1 serving)	563	248	28
Brisket Sandwich (1 serving)	674	244	27
Buffalo Chicken Sandwich (1 serving)	558	173	19
Buffalo Chicken Sandwich (1 serving) with Dressing Choice Bl	983	578	64
Buffalo Chicken Sandwich (1 serving) with Dressing Choice R:	806	402	45
Laredo Sandwich (1 serving)	910	469	52
The Original Cowboy Sandwich (1 serving)	525	163	18

<b>Things In Bowls</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Durango Bowl (1 serving)	834	215	24
Keto Bowl (1 serving)	1250	912	101
Monterey Salad (1 serving)	838	485	54
Southwest Salad (1 serving)	1350	770	86

<b>Cowboy Brisket Items</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Brisket Family Meal (1 serving)	396	163	18
Brisket Family Meal (4 servings)	1584	654	73
Brisket Meal, Single or Combo (1 serving)	370	163	18
Brisket and Chicken Family Meal (1 serving)	531	193	21
Brisket and Chicken Family Meal (4 servings)	2122	770	86
Brisket and Chicken for 10, Catering (1 serving)	524	175	19
Brisket and Chicken for 10, Catering (10 servings)	5243	1753	195
Brisket and Chicken for 15, Catering (1 serving)	520	179	20
Brisket and Chicken for 15, Catering (15 servings)	7803	2687	299
Brisket for 10, Catering (1 serving)	634	262	29
Brisket for 10, Catering (10 servings)	6337	2615	291
Brisket for 15, Catering (1 serving)	612	261	29
Brisket for 15, Catering (15 servings)	9174	3922	436

<b>Salad Dressings</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Dressings (2 fluid ounces)	0	0	0
Dressings (2 fluid ounces) with Dressing Choice Balsamic Vin:	120	90	10
Dressings (2 fluid ounces) with Dressing Choice Blue Cheese	340	324	36
Dressings (2 fluid ounces) with Dressing Choice Chili Lime	160	126	14
Dressings (2 fluid ounces) with Dressing Choice Fuji Apple Cic	220	144	16
Dressings (2 fluid ounces) with Dressing Choice Honey Musta	260	198	22
Dressings (2 fluid ounces) with Dressing Choice Ranch	199	184	20

4	0	62	716	45	4	5	31	4391
11	0	6	1809	77	1	40	32	813
6	1	84	4336	54	2	11	42	2506
15	1	121	4786	57	2	13	44	2506
10	1	98	5135	58	3	13	43	2716
24	0	222	1111	42	2	8	68	1083
6	0	102	595	43	3	8	47	4641

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
10	0	113	3345	96	11	16	53	3195
10	0	110	1635	36	14	9	47	6840
24	0	259	743	14	8	5	73	12002
32	0	256	2671	65	13	13	79	12543

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
7	0	6	1254	32	1	27	25	488
27	0	23	5014	128	2	108	101	1951
7	0	6	1149	26	0	23	25	563
8	0	80	2864	33	1	27	49	577
31	0	320	11456	132	3	109	196	2308
7	0	35	2249	50	1	43	35	658
71	0	354	22488	504	11	425	350	6584
7	0	45	2360	45	1	38	38	630
109	0	680	35393	678	15	570	572	9454
11	0	9	2006	51	1	43	41	780
109	0	91	20057	513	10	431	405	7804
11	0	9	1902	46	1	39	40	740
163	0	136	28525	690	13	578	607	11105

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
0	0	0	0	0	0	0	0	0
1	0	0	400	10	0	8	0	0
7	0	30	360	2	0	2	2	0
2	0	0	440	10	0	8	0	0
3	0	0	260	16	0	16	0	0
3	0	20	320	16	0	14	0	0
3	0	12	639	3	0	2	1	168

18	172	3
6	72	5
6	66	3
6	166	3
7	126	3
9	458	3
15	64	3

Vit C (mg)	Calcium (mg)	Iron (mg)
48	118	6
199	289	6
59	640	5
66	850	5

Vit C (mg)	Calcium (mg)	Iron (mg)
7	50	3
27	200	12
6	52	3
8	66	4
32	265	17
11	80	4
111	799	39
10	75	4
152	1127	59
11	80	5
108	799	50
10	73	5
145	1094	73

Vit C (mg)	Calcium (mg)	Iron (mg)
0	0	0
0	0	0
0	80	0
0	0	0
0	0	0
0	0	0
1	48	0

Dressings (4 fluid ounces)	0	0	0
Dressings (4 fluid ounces) with Dressing Choice Balsamic Vin:	240	180	20
Dressings (4 fluid ounces) with Dressing Choice Blue Cheese	680	648	72
Dressings (4 fluid ounces) with Dressing Choice Chili Lime	320	252	28
Dressings (4 fluid ounces) with Dressing Choice Fuji Apple Cic	440	288	32
Dressings (4 fluid ounces) with Dressing Choice Honey Musta	520	396	44
Dressings (4 fluid ounces) with Dressing Choice Ranch	397	367	41

<b>Wild West Sides</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Baked Mac and Cheese, Individual (1 serving)	246	109	12
Baked Mac and Cheese, Large (1 serving)	492	218	24
Baked Mac and Cheese, Texas Size (1 serving)	738	326	36
Baked Sweet Potatoes, Individual (1 serving)	124	1	0
Baked Sweet Potatoes, Large (1 serving)	247	1	0
Baked Sweet Potatoes, Texas Size (1 serving)	371	2	0
Chips and Salsa, Large (1 serving)	464	110	12
Chips and Salsa, Small (1 serving)	232	55	6
Chips and Salsa, Texas Size (1 serving)	928	221	25
Corn Fritters, Individual (1 serving)	244	84	9
Corn Fritters, Large (1 serving)	487	167	19
Corn Fritters, Texas Size (1 serving)	731	251	28
Cowboy Caviar, Individual (1 serving)	78	4	0
Cowboy Caviar, Large (1 serving)	164	8	1
Cowboy Caviar, Texas Size (1 serving)	246	13	1
Creamed Spinach, Individual (1 serving)	313	207	23
Creamed Spinach, Large (1 serving)	585	386	43
Creamed Spinach, Texas Size (1 serving)	824	544	60
French Fries, Individual (1 serving)	335	178	20
French Fries, Large (1 serving)	670	356	40
French Fries, Texas Size (1 serving)	1005	533	59
Fried Chicken Breast Add On (1 serving)	226	46	5
Fried Okra, Individual (1 serving)	155	20	2

0	0	0	0	0	0	0	0	0
2	0	0	800	20	0	16	0	0
14	0	60	720	4	0	4	4	0
4	0	0	880	20	0	16	0	0
6	0	0	520	32	0	32	0	0
6	0	40	640	32	0	28	0	0
7	0	24	1278	5	0	4	3	336

	<b>Saturated Fat (g)</b>	<b>Trans Fat (g)</b>	<b>Cholesterol (mg)</b>	<b>Sodium (mg)</b>	<b>Total Carbs (g)</b>	<b>Fiber (g)</b>	<b>Sugars (g)</b>	<b>Protein (g)</b>	<b>Vit A (iu)</b>
6	0	0	24	743	27	1	5	7	249
11	0	0	49	1487	54	2	10	14	499
17	0	0	73	2230	82	3	15	21	748
0	0	0	0	79	29	4	6	2	20110
0	0	0	0	157	57	9	12	4	40219
0	0	0	0	236	86	13	18	7	60329
1	1	1	0	1910	82	11	9	10	1528
0	0	0	0	955	41	6	4	5	764
2	1	1	0	3820	164	22	18	20	3057
1	0	0	0	711	36	2	2	4	3
3	1	1	0	1422	73	5	5	7	6
4	1	1	0	2133	109	7	7	11	9
0	0	0	0	271	14	4	2	4	223
0	0	0	0	573	30	8	4	8	471
0	0	0	0	859	45	11	5	13	706
14	0	0	58	768	14	3	4	9	9400
26	0	0	109	1436	27	5	8	17	17563
37	0	0	153	2022	37	7	11	24	24737
5	1	1	0	904	36	4	0	4	4
9	2	2	0	1808	73	8	0	8	8
14	2	2	0	2712	109	12	0	12	11
1	1	1	82	1490	9	0	1	34	72
0	0	0	0	687	28	1	3	4	3



0	0	0
0	0	0
0	160	0
0	0	0
0	0	0
0	0	0
2	95	0

<b>Vit C (mg)</b>	<b>Calcium (mg)</b>	<b>Iron (mg)</b>
0	120	1
0	240	2
0	359	3
3	43	1
7	85	2
10	128	3
20	22	1
10	11	1
40	43	3
0	25	1
0	49	2
0	74	3
5	29	2
10	62	4
15	93	6
28	259	3
51	484	5
72	682	8
0	24	1
0	47	3
0	71	4
2	26	1
4	53	1

Fried Okra, Large (1 serving)	310	41	5
Fried Okra, Texas Size (1 serving)	465	61	7
Garden Salad, Large (1 serving)	65	5	1
Garden Salad, Large (1 serving) with Dressing Choice Balsam	305	185	21
Garden Salad, Large (1 serving) with Dressing Choice Blue Cl	745	653	73
Garden Salad, Large (1 serving) with Dressing Choice Chili Lir	385	257	29
Garden Salad, Large (1 serving) with Dressing Choice Fuji Ap	505	293	33
Garden Salad, Large (1 serving) with Dressing Choice Honey	585	401	45
Garden Salad, Large (1 serving) with Dressing Choice Ranch	462	372	41
Garden Salad, Small (1 serving)	32	2	0
Garden Salad, Small (1 serving) with Dressing Choice Balsam	152	92	10
Garden Salad, Small (1 serving) with Dressing Choice Blue Cl	372	326	36
Garden Salad, Small (1 serving) with Dressing Choice Chili Lir	192	128	14
Garden Salad, Small (1 serving) with Dressing Choice Fuji Ap	252	146	16
Garden Salad, Small (1 serving) with Dressing Choice Honey	292	200	22
Garden Salad, Small (1 serving) with Dressing Choice Ranch	231	186	21
Garden Salad, Texas Size (1 serving)	97	7	1
Garden Salad, Texas Size (1 serving) with Dressing Choice B:	457	277	31
Garden Salad, Texas Size (1 serving) with Dressing Choice Bl	1117	979	109
Garden Salad, Texas Size (1 serving) with Dressing Choice Cl	577	385	43
Garden Salad, Texas Size (1 serving) with Dressing Choice Fu	757	439	49
Garden Salad, Texas Size (1 serving) with Dressing Choice H:	877	601	67
Garden Salad, Texas Size (1 serving) with Dressing Choice R:	693	558	62
Green Beans, Individual (1 serving)	169	127	14
Green Beans, Large (1 serving)	339	255	28
Green Beans, Texas Size (1 serving)	508	382	42
Jalapeno Cole Slaw, Individual (1 serving)	176	133	15
Jalapeno Cole Slaw, Large (1 serving)	352	265	29
Jalapeno Cole Slaw, Texas Size (1 serving)	528	398	44
Jiffy Corn Pie, Individual (1 serving)	315	176	20
Jiffy Corn Pie, Large (1 serving)	631	352	39
Jiffy Corn Pie, Texas Size (1 serving)	946	529	59
Kaleblazer Slaw, Individual (1 serving)	266	139	15
Kaleblazer Slaw, Large (1 serving)	531	279	31
Kaleblazer Slaw, Texas Size (1 serving)	797	418	46
Mexican Street Corn, Double (1 serving)	536	334	37
Mexican Street Corn, Single (1 serving)	270	168	19

1	1	0	1373	56	3	5	8	6
1	1	0	2060	85	4	8	12	9
0	0	0	22	12	5	5	4	9028
2	0	0	822	32	5	21	4	9028
14	0	60	742	16	5	9	8	9028
4	0	0	902	32	5	21	4	9028
6	0	0	542	44	5	37	4	9028
6	0	40	662	44	5	33	4	9028
7	0	24	1300	17	5	9	6	9364
0	0	0	11	6	3	2	2	4514
1	0	0	411	16	3	10	2	4514
7	0	30	371	8	3	4	4	4514
2	0	0	451	16	3	10	2	4514
3	0	0	271	22	3	18	2	4514
3	0	20	331	22	3	16	2	4514
3	0	12	650	8	3	4	3	4682
0	0	0	32	18	8	7	5	13542
3	0	0	1232	48	8	31	5	13542
21	0	90	1112	24	8	13	11	13542
6	0	0	1352	48	8	31	5	13542
9	0	0	812	66	8	55	5	13542
9	0	60	992	66	8	49	5	13542
10	0	36	1950	25	8	13	9	14046
1	0	0	337	8	4	2	2	787
2	0	0	674	17	8	3	4	1574
3	0	0	1012	25	12	5	6	2361
4	0	17	283	8	2	4	2	1777
8	0	35	566	17	5	9	4	3553
11	0	52	849	25	7	13	6	5330
11	0	39	386	28	2	8	6	651
23	0	77	772	55	4	16	13	1301
34	0	116	1158	83	6	25	19	1952
3	0	0	242	27	4	21	2	19
5	0	0	485	55	7	41	5	38
8	0	0	727	82	11	62	7	57
16	0	21	1061	39	6	7	9	1810
8	0	10	567	19	3	4	5	1007

8	107	3
12	160	4
44	79	2
44	79	2
44	239	2
44	79	2
44	79	2
44	79	2
46	174	2
22	39	1
22	39	1
22	119	1
22	39	1
22	39	1
22	39	1
23	87	1
66	118	3
66	118	3
66	358	3
66	118	3
66	118	3
66	118	3
68	261	4
18	44	1
37	88	2
55	133	4
30	67	1
61	135	1
91	202	2
5	146	1
10	293	2
15	439	2
0	65	1
0	131	2
0	196	3
16	128	1
8	68	1

Mexican Street Corn, Triple (1 serving)	802	501	56
Ranchero Beans, Individual (1 serving)	75	4	0
Ranchero Beans, Large (1 serving)	149	8	1
Ranchero Beans, Texas Size (1 serving)	224	13	1
Roasted Broccoli, Individual (1 serving)	259	227	25
Roasted Broccoli, Large (1 serving)	452	397	44
Roasted Broccoli, Texas Size (1 serving)	620	545	61
Spanish Rice, Individual (1 serving)	168	24	3
Spanish Rice, Large (1 serving)	336	49	5
Spanish Rice, Texas Size (1 serving)	504	73	8
Sweet Corn, Individual (1 serving)	212	106	12
Sweet Corn, Large (1 serving)	425	211	23
Sweet Corn, Texas Size (1 serving)	637	317	35
Tomato Cucumber Salad, Individual (1 serving)	22	1	0
Tomato Cucumber Salad, Large (1 serving)	47	1	0
Tomato Cucumber Salad, Texas Size (1 serving)	70	2	0
Twice Baked Potaters, Individual (1 serving)	202	98	11
Twice Baked Potaters, Large (1 serving)	404	196	22
Twice Baked Potaters, Texas Size (1 serving)	606	293	33
Veggie Plate (1 serving)	120	23	3
Veggie Plate (1 serving) with Side Choice Baked Mac and Cheese	366	132	15
Veggie Plate (1 serving) with Side Choice Baked Sweet Potatoes	244	24	3
Veggie Plate (1 serving) with Side Choice Corn Fritters	364	106	12
Veggie Plate (1 serving) with Side Choice French Fries	455	201	22
Veggie Plate (1 serving) with Side Choice Fried Okra	275	43	5
Veggie Plate (1 serving) with Side Choice Garden Salad	153	25	3
Veggie Plate (1 serving) with Side Choice Green Beans	290	150	17
Veggie Plate (1 serving) with Side Choice Kaleblazer Slaw	386	162	18
Veggie Plate (1 serving) with Side Choice Ranchero Beans	195	27	3
Veggie Plate (1 serving) with Side Choice Spanish Rice	288	47	5
Veggie Plate (1 serving) with Side Choice Sweet Corn	333	128	14
Veggie Plate (1 serving) with Side Choice Tomato and Cucum	151	24	3
Veggie Plate (1 serving) with Side Choice Twice Baked Potate	322	121	13

24	0	31	1555	58	8	11	14	2614
0	0	0	501	13	3	1	4	306
0	0	0	1002	26	7	3	7	613
0	0	0	1503	39	10	4	11	919
2	0	0	178	5	2	1	3	2527
3	0	0	312	9	3	2	5	4423
4	0	0	428	13	4	3	6	6065
1	0	0	1067	32	1	2	3	737
2	0	0	2134	65	2	5	6	1474
3	0	0	3201	97	3	7	9	2211
6	0	0	389	23	3	4	4	692
12	0	0	777	45	6	8	8	1383
18	0	0	1166	68	10	11	11	2075
0	0	0	2	4	1	2	1	468
0	0	0	4	9	2	5	2	988
0	0	0	6	14	3	8	3	1482
7	0	26	338	21	2	3	5	342
13	0	51	677	42	3	5	11	684
20	0	77	1015	62	5	8	16	1026
0	0	0	170	20	1	3	3	0
6	0	24	913	47	2	8	10	249
0	0	0	249	49	5	9	5	20110
1	0	0	881	56	3	5	7	3
5	1	0	1074	56	5	3	7	4
0	0	0	857	48	2	6	7	3
0	0	0	181	26	4	5	5	4514
1	0	0	507	28	5	5	5	787
3	0	0	412	47	5	24	5	19
0	0	0	671	33	4	4	7	306
1	0	0	1237	52	2	5	6	737
6	0	0	559	43	4	7	7	692
0	0	0	173	26	2	6	4	650
7	0	26	508	41	3	6	8	342

23	188	2
3	40	1
6	81	2
9	121	4
80	46	1
140	80	2
192	110	2
11	6	1
21	11	3
32	17	4
8	3	1
16	5	1
24	8	2
8	10	0
17	21	1
25	32	1
12	108	0
25	216	1
37	324	1
5	0	1
5	120	2
8	43	2
5	25	2
5	24	3
9	53	2
27	39	2
23	44	2
5	65	2
8	40	2
15	6	2
13	3	2
16	14	2
17	108	1

<b>Desserts</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Banana Pudding, Individual (1 serving)	340	105	12
Banana Pudding, Texas Size (1 serving)	1020	314	35
Fresh Baked Cookie (1 cookie)	0	0	0
Fresh Baked Cookie (1 cookie) with Chocolate Chunk Cookie	520	216	24
Fresh Baked Cookie (1 cookie) with Snickerdoodle Cookie	480	180	20
Fudge Nut Brownie (1 brownie)	360	189	21
Jeanette's Homemade Apple Cobbler, Individual (1 serving)	262	99	11
Jeanette's Homemade Apple Cobbler, Individual (1 serving) w	402	162	18
Jeanette's Homemade Apple Cobbler, Texas Size (1 serving)	787	297	33
Jeanette's Homemade Apple Cobbler, Texas Size (1 serving)	1067	423	47
Jeanette's Homemade Blackberry Cobbler, Individual (1 servir	276	114	13
Jeanette's Homemade Blackberry Cobbler, Individual (1 servir	416	177	20
Jeanette's Homemade Blackberry Cobbler, Texas Size (1 serv	827	342	38
Jeanette's Homemade Blackberry Cobbler, Texas Size (1 serv	1107	468	52
Jeanette's Homemade Peach Cobbler, Individual (1 serving)	214	99	11
Jeanette's Homemade Peach Cobbler, Individual (1 serving) w	354	162	18
Jeanette's Homemade Peach Cobbler, Texas Size (1 serving)	642	297	33
Jeanette's Homemade Peach Cobbler, Texas Size (1 serving)	922	423	47
Strawberry Shortcake, Individual (1 serving)	498	258	29
Strawberry Shortcake, Large (1 serving)	996	516	57
Strawberry Shortcake, Texas Size (1 serving)	1324	687	76

<b>Drinks</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Barq's Root Beer (22 fluid ounces)	183	0	0
Barq's Root Beer (24 fluid ounces)	200	0	0
Barq's Root Beer (32 fluid ounces)	266	0	0
Coke (22 fluid ounces)	163	0	0
Coke (24 fluid ounces)	178	0	0
Coke (32 fluid ounces)	238	0	0
Coke Zero (22 fluid ounces)	1	0	0
Coke Zero (24 fluid ounces)	1	0	0
Coke Zero (32 fluid ounces)	2	0	0
Diet Coke (22 fluid ounces)	0	0	0
Diet Coke (24 fluid ounces)	0	0	0
Diet Coke (32 fluid ounces)	0	0	0



Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
8	0	10	307	54	0	42	3	99
23	0	29	920	162	0	127	10	297
0	0	0	0	0	0	0	0	0
14	0	20	360	68	4	40	4	0
12	0	60	480	68	0	40	4	0
2	1	90	135	45	3	35	5	0
6	0	0	197	39	2	25	1	423
10	0	25	242	55	2	35	4	623
18	0	0	591	117	6	76	3	1268
26	0	50	681	149	6	96	9	1668
7	0	0	178	38	4	25	2	619
11	0	25	223	54	4	35	5	819
20	0	0	535	113	11	75	6	1856
28	0	50	625	145	11	95	12	2256
6	0	0	159	28	1	19	2	423
10	0	25	204	44	1	29	5	623
18	0	0	476	84	2	56	5	1268
26	0	50	566	116	2	76	11	1668
21	0	82	218	57	1	41	4	354
43	0	165	436	115	2	82	8	708
57	0	220	581	152	2	108	10	942

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
0	0	0	40	50	0	50	0	0
0	0	0	43	54	0	54	0	0
0	0	0	58	72	0	72	0	0
0	0	0	10	45	0	45	0	0
0	0	0	11	49	0	49	0	0
0	0	0	14	65	0	65	0	0
0	0	0	46	0	0	0	0	0
0	0	0	50	0	0	0	0	0
0	0	0	67	0	0	0	0	0
0	0	0	17	0	0	0	0	0
0	0	0	18	0	0	0	0	0
0	0	0	24	0	0	0	0	0



Diet Dr Pepper (22 fluid ounces)	0	0	0
Diet Dr Pepper (24 fluid ounces)	0	0	0
Diet Dr Pepper (32 fluid ounces)	0	0	0
Dr Pepper (22 fluid ounces)	182	0	0
Dr Pepper (24 fluid ounces)	198	0	0
Dr Pepper (32 fluid ounces)	264	0	0
Fanta Orange Soda (22 fluid ounces)	194	0	0
Fanta Orange Soda (24 fluid ounces)	211	0	0
Fanta Orange Soda (32 fluid ounces)	282	0	0
Minute Maid Lemonade (22 fluid ounces)	160	0	0
Minute Maid Lemonade (24 fluid ounces)	175	0	0
Minute Maid Lemonade (32 fluid ounces)	233	0	0
Mountain Berry Blast Powerade (22 fluid ounces)	88	0	0
Mountain Berry Blast Powerade (24 fluid ounces)	96	0	0
Mountain Berry Blast Powerade (32 fluid ounces)	128	0	0
Sprite (22 fluid ounces)	160	0	0
Sprite (24 fluid ounces)	175	0	0
Sprite (32 fluid ounces)	233	0	0

<b>Family Packs</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Family Pack 1 (1 serving)	255	52	6
Family Pack 1 (1 serving) with Side Choice Baked Mac and CI	378	106	12
Family Pack 1 (1 serving) with Side Choice Baked Sweet Pota	317	52	6
Family Pack 1 (1 serving) with Side Choice Corn Fritters	377	94	10
Family Pack 1 (1 serving) with Side Choice French Fries	422	141	16
Family Pack 1 (1 serving) with Side Choice Fried Okra	332	62	7
Family Pack 1 (1 serving) with Side Choice Garden Salad	271	53	6
Family Pack 1 (1 serving) with Side Choice Green Beans	340	116	13
Family Pack 1 (1 serving) with Side Choice Kaleblazer Slaw	388	122	14
Family Pack 1 (1 serving) with Side Choice Rancho Beans	292	54	6
Family Pack 1 (1 serving) with Side Choice Spanish Rice	339	64	7
Family Pack 1 (1 serving) with Side Choice Sweet Corn	361	105	12
Family Pack 1 (1 serving) with Side Choice Tomato and Cucur	270	52	6
Family Pack 1 (1 serving) with Side Choice Twice Baked Pota	356	101	11
Family Pack 1 (4 servings)	1019	208	23
Family Pack 1 (4 servings) with Side Choice Baked Mac and C	1512	425	47
Family Pack 1 (4 servings) with Side Choice Baked Sweet Pot	1267	209	23
Family Pack 1 (4 servings) with Side Choice Corn Fritters	1507	375	42
Family Pack 1 (4 servings) with Side Choice French Fries	1690	563	63
Family Pack 1 (4 servings) with Side Choice Fried Okra	1329	249	28
Family Pack 1 (4 servings) with Side Choice Garden Salad	1084	212	24
Family Pack 1 (4 servings) with Side Choice Green Beans	1358	462	51
Family Pack 1 (4 servings) with Side Choice Kaleblazer Slaw	1551	487	54
Family Pack 1 (4 servings) with Side Choice Rancho Beans	1169	216	24
Family Pack 1 (4 servings) with Side Choice Spanish Rice	1355	256	28
Family Pack 1 (4 servings) with Side Choice Sweet Corn	1444	419	47
Family Pack 1 (4 servings) with Side Choice Tomato and Cucu	1081	210	23
Family Pack 1 (4 servings) with Side Choice Twice Baked Pot:	1423	404	45

0	0	0	58	0	0	0	0	0
0	0	0	63	0	0	0	0	0
0	0	0	84	0	0	0	0	0
0	0	0	58	45	0	45	0	0
0	0	0	63	49	0	49	0	0
0	0	0	84	65	0	65	0	0
0	0	0	60	48	0	48	0	0
0	0	0	66	53	0	53	0	0
0	0	0	88	70	0	70	0	0
0	0	0	68	43	0	43	0	0
0	0	0	74	47	0	47	0	0
0	0	0	98	62	0	62	0	0
0	0	0	165	23	0	22	0	0
0	0	0	180	25	0	24	0	0
0	0	0	240	34	0	32	0	0
0	0	0	36	43	0	43	0	0
0	0	0	40	47	0	47	0	0
0	0	0	53	62	0	62	0	0

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
1	0	74	1781	21	1	3	27	89
4	0	87	2152	35	2	6	30	214
1	0	74	1820	35	3	6	28	10144
2	0	74	2136	39	2	4	28	91
3	0	74	2233	39	3	3	29	91
1	0	74	2124	35	2	5	29	91
1	0	74	1786	24	3	4	28	2346
1	0	74	1949	25	3	4	28	483
2	0	74	1902	35	3	14	28	99
1	0	74	2031	28	3	4	29	242
1	0	74	2314	37	2	4	28	458
4	0	74	1975	32	3	5	29	435
1	0	74	1782	24	2	5	27	414
4	0	87	1950	31	2	5	29	260
3	0	298	7122	84	5	13	107	357
15	0	346	8609	138	7	23	121	856
3	0	298	7279	141	13	25	111	40576
6	1	298	8545	157	10	18	114	363
12	2	298	8930	157	13	13	115	364
4	1	298	8496	140	8	18	115	363
3	0	298	7144	96	10	18	110	9384
5	0	298	7797	101	13	16	111	1931
9	0	298	7607	139	12	54	112	394
3	0	298	8125	110	12	16	114	969
5	0	298	9256	149	7	18	113	1831
15	0	298	7900	129	11	21	114	1740
3	0	298	7128	96	8	20	110	1656
17	0	349	7799	126	8	18	117	1040

0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0

<b>Vit C (mg)</b>	<b>Calcium (mg)</b>	<b>Iron (mg)</b>
6	16	2
6	76	3
8	38	3
6	29	3
6	28	3
8	43	3
17	36	3
15	38	3
6	49	3
8	37	3
11	19	3
10	18	2
12	23	2
12	70	2
25	65	8
25	305	10
31	150	10
25	115	10
25	112	11
33	172	11
68	144	10
61	154	11
25	196	11
30	146	11
46	77	11
41	70	10
46	94	9
50	282	9

Family Pack 2 (1 serving)	255	52	6
Family Pack 2 (1 serving) with Side Choice Baked Mac and CI	337	88	10
Family Pack 2 (1 serving) with Side Choice Baked Sweet Pota	296	52	6
Family Pack 2 (1 serving) with Side Choice Corn Fritters	336	80	9
Family Pack 2 (1 serving) with Side Choice French Fries	367	111	12
Family Pack 2 (1 serving) with Side Choice Fried Okra	306	59	7
Family Pack 2 (1 serving) with Side Choice Garden Salad	266	53	6
Family Pack 2 (1 serving) with Side Choice Green Beans	311	94	10
Family Pack 2 (1 serving) with Side Choice Kaleblazer Slaw	343	98	11
Family Pack 2 (1 serving) with Side Choice Ranchero Beans	280	53	6
Family Pack 2 (1 serving) with Side Choice Spanish Rice	311	60	7
Family Pack 2 (1 serving) with Side Choice Sweet Corn	326	87	10
Family Pack 2 (1 serving) with Side Choice Tomato and Cucur	265	52	6
Family Pack 2 (1 serving) with Side Choice Twice Baked Pota	322	85	9
Family Pack 2 (6 servings)	1529	312	35
Family Pack 2 (6 servings) with Side Choice Baked Mac and C	2021	529	59
Family Pack 2 (6 servings) with Side Choice Baked Sweet Pot	1777	313	35
Family Pack 2 (6 servings) with Side Choice Corn Fritters	2017	479	53
Family Pack 2 (6 servings) with Side Choice French Fries	2199	667	74
Family Pack 2 (6 servings) with Side Choice Fried Okra	1839	353	39
Family Pack 2 (6 servings) with Side Choice Garden Salad	1594	316	35
Family Pack 2 (6 servings) with Side Choice Green Beans	1868	566	63
Family Pack 2 (6 servings) with Side Choice Kaleblazer Slaw	2060	591	66
Family Pack 2 (6 servings) with Side Choice Ranchero Beans	1679	320	36
Family Pack 2 (6 servings) with Side Choice Spanish Rice	1865	360	40
Family Pack 2 (6 servings) with Side Choice Sweet Corn	1954	523	58
Family Pack 2 (6 servings) with Side Choice Tomato and Cucu	1590	314	35
Family Pack 2 (6 servings) with Side Choice Twice Baked Pot:	1933	507	56
Family Pack 3 (1 serving)	255	52	6
Family Pack 3 (1 serving) with Side Choice Baked Mac and CI	316	79	9
Family Pack 3 (1 serving) with Side Choice Baked Sweet Pota	286	52	6
Family Pack 3 (1 serving) with Side Choice Corn Fritters	316	73	8
Family Pack 3 (1 serving) with Side Choice French Fries	339	96	11
Family Pack 3 (1 serving) with Side Choice Fried Okra	294	57	6
Family Pack 3 (1 serving) with Side Choice Garden Salad	263	53	6
Family Pack 3 (1 serving) with Side Choice Green Beans	297	84	9
Family Pack 3 (1 serving) with Side Choice Kaleblazer Slaw	321	87	10
Family Pack 3 (1 serving) with Side Choice Ranchero Beans	274	53	6
Family Pack 3 (1 serving) with Side Choice Spanish Rice	297	58	6
Family Pack 3 (1 serving) with Side Choice Sweet Corn	308	78	9
Family Pack 3 (1 serving) with Side Choice Tomato and Cucur	263	52	6
Family Pack 3 (1 serving) with Side Choice Twice Baked Pota	305	76	8
Family Pack 3 (8 servings)	2039	416	46
Family Pack 3 (8 servings) with Side Choice Baked Mac and C	2531	633	70
Family Pack 3 (8 servings) with Side Choice Baked Sweet Pot	2286	417	46
Family Pack 3 (8 servings) with Side Choice Corn Fritters	2526	583	65
Family Pack 3 (8 servings) with Side Choice French Fries	2709	771	86
Family Pack 3 (8 servings) with Side Choice Fried Okra	2349	457	51
Family Pack 3 (8 servings) with Side Choice Garden Salad	2103	420	47
Family Pack 3 (8 servings) with Side Choice Green Beans	2378	670	74
Family Pack 3 (8 servings) with Side Choice Kaleblazer Slaw	2570	694	77
Family Pack 3 (8 servings) with Side Choice Ranchero Beans	2188	424	47
Family Pack 3 (8 servings) with Side Choice Spanish Rice	2375	464	52
Family Pack 3 (8 servings) with Side Choice Sweet Corn	2464	627	70
Family Pack 3 (8 servings) with Side Choice Tomato and Cucu	2100	417	46

1	0	74	1781	21	1	3	27	89
3	0	83	2028	30	2	5	29	172
1	0	74	1807	31	3	5	27	6792
1	0	74	2018	33	2	4	28	90
2	0	74	2082	33	3	3	28	90
1	0	74	2009	30	2	4	28	90
1	0	74	1784	23	2	4	27	1594
1	0	74	1893	24	3	4	27	352
2	0	74	1861	30	2	10	28	95
1	0	74	1948	25	2	4	28	191
1	0	74	2136	32	2	4	28	335
3	0	74	1910	29	2	5	28	320
1	0	74	1782	23	2	4	27	306
3	0	83	1893	28	2	4	28	203
5	0	446	10684	126	7	19	160	535
16	0	495	12170	180	9	29	175	1034
5	0	446	10841	183	16	31	165	40754
8	1	446	12106	199	12	24	167	541
14	2	446	12492	199	16	19	168	543
6	1	446	12057	182	10	25	168	541
5	0	446	10705	138	13	24	164	9563
7	0	446	11358	143	15	23	164	2109
10	0	446	11168	181	15	61	165	573
5	0	446	11686	152	14	22	168	1148
7	0	446	12818	191	10	24	166	2009
17	0	446	11461	171	14	27	168	1918
5	0	446	10689	138	10	26	163	1835
19	0	498	11360	168	11	25	171	1219

1	0	74	1781	21	1	3	27	89
2	0	80	1966	28	1	4	28	152
1	0	74	1800	28	2	5	27	5117
1	0	74	1958	30	2	4	28	90
2	0	74	2007	30	2	3	28	90
1	0	74	1952	28	2	4	28	90
1	0	74	1783	22	2	4	27	1218
1	0	74	1865	23	2	4	27	286
1	0	74	1841	28	2	8	27	94
1	0	74	1906	24	2	4	28	166
1	0	74	2047	29	2	4	27	273
2	0	74	1878	27	2	4	28	262
1	0	74	1781	23	2	4	27	252
3	0	81	1865	26	2	4	28	175
7	0	595	14245	168	10	26	214	713
18	0	644	15732	222	12	36	228	1212
7	0	595	14402	225	18	38	218	40933
10	1	595	15667	241	15	31	221	720
16	2	595	16053	241	18	26	222	721
7	1	595	15618	224	13	31	222	720
7	0	595	14266	180	15	31	217	9741
9	0	595	14919	185	18	29	218	2288
12	0	595	14729	223	17	67	218	751
7	0	595	15247	194	16	29	221	1326
9	0	595	16379	233	12	31	220	2188
19	0	595	15022	213	16	34	221	2097
7	0	595	14250	180	13	33	216	2013

6	16	2
6	56	2
7	31	2
6	25	2
6	24	3
7	34	3
13	29	2
12	31	2
6	38	2
7	30	2
10	18	3
9	17	2
10	21	2
10	52	2
37	98	13
37	338	14
44	183	14
37	147	14
37	145	15
45	205	15
81	177	15
74	186	15
37	229	15
43	179	15
58	109	15
53	103	14
59	126	14
62	314	13

6	16	2
6	46	2
7	27	2
6	23	2
6	22	2
7	30	2
12	26	2
11	27	2
6	33	2
7	26	2
9	18	2
8	17	2
9	20	2
9	43	2
49	131	17
49	370	19
56	216	18
49	180	18
49	178	20
57	237	19
93	209	19
86	219	19
49	261	19
55	211	19
70	142	19
65	136	18
71	159	18



Family Pack 3 (8 servings) with Side Choice Twice Baked Pot:	2443	611	68
Family Pack 4 (1 serving)	471	242	27
Family Pack 4 (1 serving) with Side Choice Baked Mac and CI	553	278	31
Family Pack 4 (1 serving) with Side Choice Baked Sweet Pota	512	242	27
Family Pack 4 (1 serving) with Side Choice Corn Fritters	552	270	30
Family Pack 4 (1 serving) with Side Choice French Fries	583	301	33
Family Pack 4 (1 serving) with Side Choice Fried Okra	523	249	28
Family Pack 4 (1 serving) with Side Choice Garden Salad	482	243	27
Family Pack 4 (1 serving) with Side Choice Green Beans	528	284	32
Family Pack 4 (1 serving) with Side Choice Kaleblazer Slaw	560	288	32
Family Pack 4 (1 serving) with Side Choice Ranchero Beans	496	243	27
Family Pack 4 (1 serving) with Side Choice Spanish Rice	527	250	28
Family Pack 4 (1 serving) with Side Choice Sweet Corn	542	277	31
Family Pack 4 (1 serving) with Side Choice Tomato and Cucur	481	242	27
Family Pack 4 (1 serving) with Side Choice Twice Baked Pota	538	274	30
Family Pack 4 (6 servings)	2826	1451	161
Family Pack 4 (6 servings) with Side Choice Baked Mac and C	3319	1669	185
Family Pack 4 (6 servings) with Side Choice Baked Sweet Pot	3074	1452	161
Family Pack 4 (6 servings) with Side Choice Corn Fritters	3314	1618	180
Family Pack 4 (6 servings) with Side Choice French Fries	3496	1807	201
Family Pack 4 (6 servings) with Side Choice Fried Okra	3136	1492	166
Family Pack 4 (6 servings) with Side Choice Garden Salad	2891	1456	162
Family Pack 4 (6 servings) with Side Choice Green Beans	3165	1706	190
Family Pack 4 (6 servings) with Side Choice Kaleblazer Slaw	3358	1730	192
Family Pack 4 (6 servings) with Side Choice Ranchero Beans	2976	1460	162
Family Pack 4 (6 servings) with Side Choice Spanish Rice	3162	1500	167
Family Pack 4 (6 servings) with Side Choice Sweet Corn	3251	1662	185
Family Pack 4 (6 servings) with Side Choice Tomato and Cucu	2888	1453	161
Family Pack 4 (6 servings) with Side Choice Twice Baked Pot:	3230	1647	183

<b>LTOs</b>	<b>Total Calories (kcal)</b>	<b>Fat Calories (kcal)</b>	<b>Total Fat (g)</b>
Brisket Tacos (1 serving)	497	213	24
Chicken Tinga Tacos (1 serving)	377	125	14
Street Corn Tacos (1 serving)	689	312	35
Sweet Potato Tacos (1 serving)	440	190	21
Sweet Potato Tacos with Chicken Tinga (1 serving)	441	195	22

20	0	646	14922	210	13	31	224	1397
17	0	124	1594	25	4	4	29	1441
19	0	132	1842	34	4	6	32	1524
17	0	124	1620	35	6	6	30	8144
17	0	124	1831	37	5	5	30	1442
18	0	124	1895	37	5	4	31	1442
17	0	124	1823	35	5	5	31	1442
17	0	124	1598	27	5	5	30	2946
17	0	124	1706	28	5	5	30	1703
18	0	124	1675	34	5	11	30	1447
17	0	124	1761	29	5	5	31	1543
17	0	124	1950	36	4	5	30	1687
19	0	124	1724	33	5	5	31	1671
17	0	124	1595	27	5	5	30	1658
19	0	133	1707	32	5	5	31	1555
100	0	745	9564	151	25	25	176	8646
112	0	794	11051	205	27	35	190	9144
101	0	745	9721	208	33	37	180	48865
103	1	745	10986	224	30	30	183	8652
110	2	745	11372	223	33	25	184	8653
101	1	745	10937	207	27	31	184	8652
101	0	745	9586	162	30	30	179	17673
103	0	745	10238	167	33	28	180	10220
106	0	745	10049	205	32	67	180	8683
101	0	745	10566	177	31	28	183	9258
102	0	745	11698	215	27	30	182	10120
112	0	745	10341	196	31	33	183	10029
101	0	745	9569	163	28	32	179	9945
114	0	796	10241	192	28	30	186	9329

Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)
9	0	6	1741	39	2	5	30	738
6	0	73	1532	39	2	6	22	490
11	0	79	3442	54	6	6	36	1857
6	0	22	1671	55	6	8	7	14749
6	0	49	2055	46	4	6	14	7813

74	347	17
4	312	1
4	352	1
5	326	1
4	320	1
4	320	1
5	330	1
11	325	1
10	327	1
4	334	1
5	325	1
7	314	1
6	313	1
7	316	1
8	348	1
21	1871	4
21	2110	6
28	1956	6
21	1920	6
21	1918	7
29	1977	7
65	1949	6
58	1959	6
21	2001	6
27	1952	6
42	1882	7
37	1876	5
43	1899	5
46	2087	5

<b>Vit C (mg)</b>	<b>Calcium (mg)</b>	<b>Iron (mg)</b>
8	97	5
9	137	3
39	165	4
20	153	3
20	145	3